

Recipe Corner

Mother's Day Parfait

To make an easy fruit and yogurt parfait, kids can just stack different fruits in between layers of yogurt.

Ingredients

1 quart plain, Greek yogurt

1 cup blueberries, rinsed

1 cup strawberries, sliced

4 teaspoons honey

1 cup granola

Directions

Layer $\frac{1}{2}$ cup of yogurt in the bottom of the parfait glass (or any fancy glass you have on hand). Top with $\frac{1}{4}$ cup blueberries, $\frac{1}{4}$ cup strawberries, $\frac{1}{8}$ cup granola and $\frac{1}{2}$ teaspoon of honey.

Add a second layer. Chill for a bit and serve. Makes four parfaits.

Cookie Cutter Toast with Cinnamon Sugar Topping

On Mother's Day morning, kids can use cookie cutters to cut their own designs out of freshly made toast (adult supervision encouraged). Simply toast the bread, spread with butter and sprinkle on cinnamon sugar (recipe below). Kids can create rainbows, hearts, flowers or whatever they want to make mom feel special.

Cinnamon Sugar Topping

Ingredients

$\frac{1}{2}$ cup granulated sugar

2 tablespoons ground cinnamon (or a little more or less to taste)

Directions

Measure the sugar and cinnamon into a bowl.

Use a spoon or mini whisk to mix it together.

Use immediately or store in a spice jar.