Get featured on our cover!
Take a picture of your family dressed as super heroes and send it to Recreation@FridleyMN.gov

Your guide to fun at home in Fridley!
Recreation Report

Warmest Greetings!
In response to the recent changes to the MN Stay Safe phase, Fridley Recreation has cancelled all in-person programming between November 21 and December 18. However, we are still offering modified programming to keep you busy over the next few weeks!

We would like to introduce you to some new events and activities with this activity guide. In addition to the activities in this document we have more posted on our website, Facebook and Instagram.

Your safety and health are our top priorities and we will work to offer activities with that in mind. We know it is difficult to make plans during this time and we will share any updates we have on program status with you as we make decisions. Current status...

• New, modified winter programming will begin shortly! Visit our website for program offerings.
• Picnic shelters reservations are no longer being accepted. We will begin taking reservations again on February 1, 2021.
• Staff are monitoring the situation daily and will make plans in accordance with standards set by public health officials.
• If we are unable to offer a program that you have already registered for due to COVID-19, full refunds will be issued.

We’re all in this together and hope to see everyone at the parks!
Fridley Parks and Trails are available for you to use, even in the winter! Please keep yourself and others safe by following the below guidelines...

- Do not use parks or trails if you are exhibiting symptoms.
- Keep a minimum of 6 feet away from other people at all times. If this is not possible, find another location or leave the space.
- Share the trail and warn others of your presence as you pass; step aside to let others pass.
- Follow the CDC’s guidance on personal hygiene prior to your visit. Wash your hands and avoid touching your face.
- The City playgrounds are not cleaned or sanitized, use at your own risk. If you choose to use the playgrounds wash and/or sanitize your hands before and after touching play structures and follow the distancing guidelines above.
- Plan ahead, Commons, Flanery, Madsen, and Moore Lake parks do have satellite restrooms available however, drinking fountains are not turned on.

Do you know which Fridley Park this is? Send us a direct message with your guess on Instagram @fridleyrecreation #FridleyHiddenGems
ROX: Recreation in a Box!
We are offering new varieties of ROX: Recreation...in a box kits! We have got you covered for fun at home with some fun themed activities that will keep everyone entertained. Simply sign up and you’ll receive a kit full of goodies to get the party started. Contents include crafts, fun activities, recipes, and surprises to keep the whole family entertained (kids ages 3 and up). Kits are designed for a maximum of six people (additional kits may be purchased).

Winter Wonderland:
Make the most of the chill in the air with this kit that is sure to warm everyone’s heart.

Funny Valentine:
Cupid has been busy creating a lovely set of activities and treats for the family.

Lucky Day:
Get your green on and celebrate St. Patrick’s Day in a lucky way!
Backyard Birding Basics!
Springbrook Nature Center will be offering a virtual Birding Basic class. They will cover the basics of how to become a birding beginner in this 3-part virtual mini-course. Join a Springbrook Naturalist for 3 Wednesday evenings in January (6th, 13th, 20th) at 7pm then head out to your backyard or a local greenspace to try your hand!
Classes will be held over Zoom.
You can find more information by visiting the Springbrook Nature Center website.
$15 class fee Register by January 4.
You can do hard things!
In each guide we’ll post a challenge or contest for you to participate in. Follow our Instagram page @FridleyRecreation and share your achievements at #FridleyCan!

Winter Lights Bingo!
You will need:
Bingo cards from Recreation Website
Your family and family vehicle

Go to our website and download the map of the Winter Lights displays as well as different versions of the Winter Lights Bingo card from the City of Fridley Recreation website. Be sure to grab a pencil, pen, stamp, or whatever you want to use to mark your squares. Follow the map and check out all the amazing light displays of our Fridley resident participants. Find the objects from your Bingo cards in the displays and along your route. The first one to get a BINGO wins!
Neighborhood Secret Santa
Want a fun way to spread some holiday cheer around your neighborhood? Why not start a neighborhood Secret Santa. Visit FridleyMN.gov/Recreation for Secret Santa cards to hand out to your neighbors that want to participate. Set the rules and budget and then draw names. Make sure to follow CDC guidelines when delivering gifts to ensure that everyone stays healthy!
Fridley Trail Story
The Recreation Team has created an interactive story walk, spread throughout the path at Riverview Heights Park. Take a walk while enjoying some Fridley History. The current story is about local community members that have achieved fame or accomplished notable work in their field and will be up for your enjoyment next week.

Do you know someone that is from Fridley and has a story worth sharing? Write to us at Recreation@FridleyMN.gov.
Turkey Leg 5k Finishers!
Congratulations to all of you that finished the Turkey Leg 5k! Many of you completed your 5k right here in Fridley! We had finishers throughout the Twin Cities and even as far as Columbia, South Carolina and Cheyenne, Wyoming! We will continue to have events like this so keep an eye out!

Nominate a Fridley Hero!
If you would like to nominate a hero please email us at Recreation@FridleyMN.gov. In your nomination email include why they are your hero and a photo of them. We’ll choose one hero to highlight in each Rec to the Rescue Activity Guide.